

HEALTH RISKS ASSOCIATED WITH THE USE OF ALCOHOL AND CONTROLLED SUBSTANCES

Alcohol/Controlled Substances (CSA Schedules)	Possible Effects	Effects of Overdose	Withdrawal Syndrome
Alcohol	<p>Low Dosage: Behavior changes, impaired judgement and coordination.</p> <p>High Dosage: Marked impairment in higher mental functions.</p> <p>Long Term Use: Dependence, permanent damage to the liver and brain.</p> <p>Use During Pregnancy: Infants born with fetal alcohol syndrome, irreversible physical or mental abnormalities.</p>	Respiratory depression, possible death.	Severe anxiety, tremors, hallucinations, convulsions, possible death.
<p>Narcotics Opium (II,III,V), Morphine (II,III), Codeine (II,III,V), Heroin (I), Hydromorphone (II), Methadone (II), Meperidine {Pethidine} (II),</p>	Euphoria, drowsiness, respiratory depression, constricted pupils, nausea.	Slow and shallow breathing, clammy skin, convulsions, coma, possible death.	Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, panic, cramps, nausea, chills, and sweating.
<p>Depressants Chloral Hydrate (IV), Barbiturates (II,III,IV), Benzodiazepines (IV), Methaqualone (I), Glutethimide (III)</p>	Slurred speech, disorientation, drunken behavior without the odor of alcohol.	Shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma, possible death.	Anxiety, insomnia, tremors, delirium, convulsions, possible death.
<p>Stimulants Cocaine (II), Amphetamines (II), Phenmetrazine (II), Methylphenidate (II)</p>	Increased alertness, excitation, euphoria, increased pulse rate and blood pressure, insomnia, loss of appetite.	Agitation, increase in body temperature, hallucinations, convulsions, possible death.	Apathy, long periods of sleep, irritability, depression, disorientation.
<p>Hallucinogens LSD (I), Mescaline (I), Peyote (I), Amphetamine Variants (I), Phencyclidine (II), Phencyclidine Analogues (I)</p>	Illusions and hallucinations, poor perception of time and distance.	Longer, more intense "trip" episodes, psychosis, possible death.	Withdrawal syndrome not reported.
<p>Cannabis Marijuana (I), Tetrahydrocannabinol (I,II), Hashish (I), Hashish Oil (I)</p>	Euphoria, relaxed inhibitions, increased appetite, disoriented behavior.	Fatigue, paranoia, possible psychosis.	Insomnia, hyperactivity, and decreased appetite occasionally reported.